This Dementia Care Advisory Service across the West of Berkshire is a collaborative initiative of several partners:

**For people under 65 with dementia in West Berkshire, Reading and Wokingham Boroughs**

Clare Goodyear  
Barkham COAMHS  
Wokingham Hospital  
41 Barkham Road  
Wokingham, RG41 2RE  
Tel: 0118 9495101  
clare.goodyear@wokingham.gov.uk

**For people over 65 yrs with dementia in Reading**

DCA Reading  
Alzheimer’s Society  
118 London Street  
Reading, RG1 4SJ  
Tel: 0118 959 6482  
dswberkshire@alzheimers.org.uk

**For people over 65 yrs with dementia in Wokingham Borough**

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Barkham COAMHS  
Wokingham Hospital,  
41 Barkham Road  
Wokingham, RG41 2RE  
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michelle.gilbert@wokingham.gov.uk

**For people over 65 yrs with dementia in West Berkshire**

DCA West Berkshire  
Alzheimer’s Society  
118 London Street  
Reading RG1 4SJ  
Tel: 0118 959 6482  
dswberkshire@alzheimers.org.uk

**Dementia Care Advisory Service**

**Living with memory problems?**

Advice and support for people of any age diagnosed with dementia, their carers, families and friends

**A service offered in West Berkshire, Reading and Wokingham Boroughs**
Supporting you on your journey along the dementia pathway:

- Listening to all your concerns and providing confidential support
- Providing a consistent point of contact
- Offering relevant and timely information
- Linking you with Health and Social Services where necessary
- Providing you with opportunities to meet other people with dementia and carers

The diagnosis of dementia can cause a great deal of anxiety and you may have many questions. We can help you by offering advice on the following:

- Local activities, groups and support services
- Longer term planning, including legal issues
- Money matters and benefits
- Services offered by Health and Social Services
- Living well with dementia
- Taking a break

If you have dementia, you should continue the activities you enjoy. It is also important to:

- Keep physically and mentally active
- Spend time with family and friends
- Consider getting involved with local groups

If you are a carer, remember:

- It can help to talk to others
- You will not “get it right” all the time
- A hug and a laugh are important