

## Travel Health Advice

**Patient's name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

Go to [www.masta-travel-health.com](http://www.masta-travel-health.com)

Refer to the printout of your immunisation record & fill in the table below with what vaccinations you require.

Vaccinations you have had elsewhere may not be recorded on the printout so please take these into account when completing the table below.

Vaccine	Needed? Y/N	Cost?	Special Notes
Diphtheria/tetanus/polio		-	Not needed if had in the last 10yrs
Hepatitis A		-	2 doses gives protection for 25yrs (have to be age 1+)
Typhoid		-	1 dose lasts for 3yrs (have to be age 2+)
Yellow fever		£75	1 dose lasts for life. Available only at Brookside. Please inform the nurse if you are currently receiving any hospital treatment <b>See notes below in bold</b>
Meningitis ACWY		£90	<b>See notes below in bold</b>
Hepatitis B		£59 per dose for adults, £46 for children	<b>See notes below in bold</b>
Rabies		Yes	Not available at the surgery, contact Grovelands Medical Centre : tel 9523623 or Superdrug : tel 9503264
Japanese B encephalitis		Yes	Not available at the surgery, see above
Tick borne encephalitis		Yes	Not available at the surgery, see above
Cholera		Yes	Not available at the surgery, see above

If any vaccinations are required, book an appointment at the surgery & bring this sheet with you. The information on the website will indicate how soon before travel you need to book.

**If you require any vaccines that need to be paid for, you must inform the practice when you book your appointment in order to ensure we are able to provide the vaccine for you.**

**Any charge is payable at your appointment by credit card, cash or cheque**

Where to get anti malarials from if they are needed

Anti malarial	Available from	Cost
Chloroquine & Proguanil	Over the counter at any chemist	As per chemist
Malarone, Mefloquine & Doxycycline	Superdrug & Lloyds on-line (over 18's only) will dispense without a prescription or a private prescriptions can be arranged over the phone with a Practice Nurse	Per tablet as per supplier  £18 for the prescription plus the cost of the tablets